

Not Around the Buoys Again: Innovation in Youth Sailing

Presented by:

John Pearce – Youth Director, US Sailing

Todd Carle – Hawaii Kai Boat Club

Nevin Sayre – Junior Sailing Guy, BIC Sport

Why is Competition Format Important?



Cross-Ice Hockey



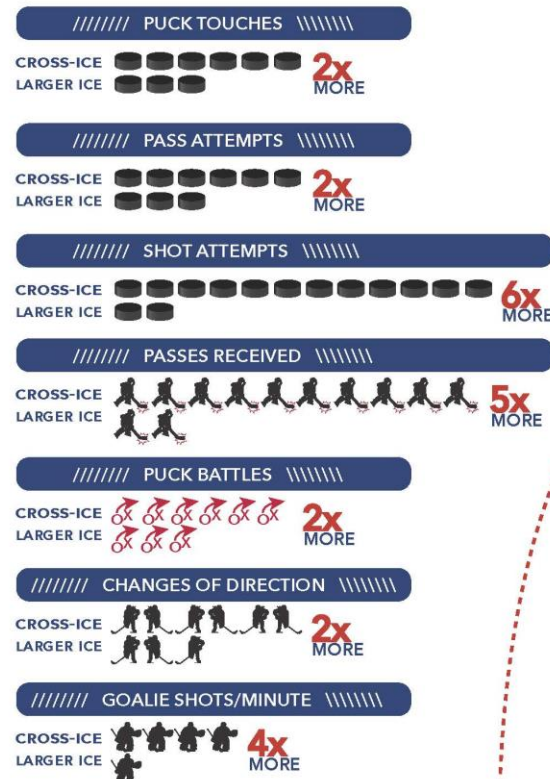
- More time playing and handling the puck
- The game moves faster in the smaller ice
- Players learn to make quick decisions
- Focus on fun = no off-sides rules
- Refs keep the game moving
- 3 games at once = fewer kids sitting out

Source: <https://www.shopusahockey.com/power-play-news/What-is-Cross-Ice-Hockey-and-Why-do-we-Need-It>



8U HOCKEY

getting more of what's **good**.



"THE ADM AND ITS LADDER OF DEVELOPMENT IS THE BEST PROGRAM FOR EVERY SINGLE KID PLAYING THE SPORT, REGARDLESS OF ABILITY LEVEL."
- DAN BYLSMA, BUFFALO SABRES

"WHAT SIMULATES TODAY'S GAME AT THE HIGHEST LEVEL IS PLAYING THE GAME IN SMALL SPACES."
- TOM ANASTOS, MICHIGAN STATE

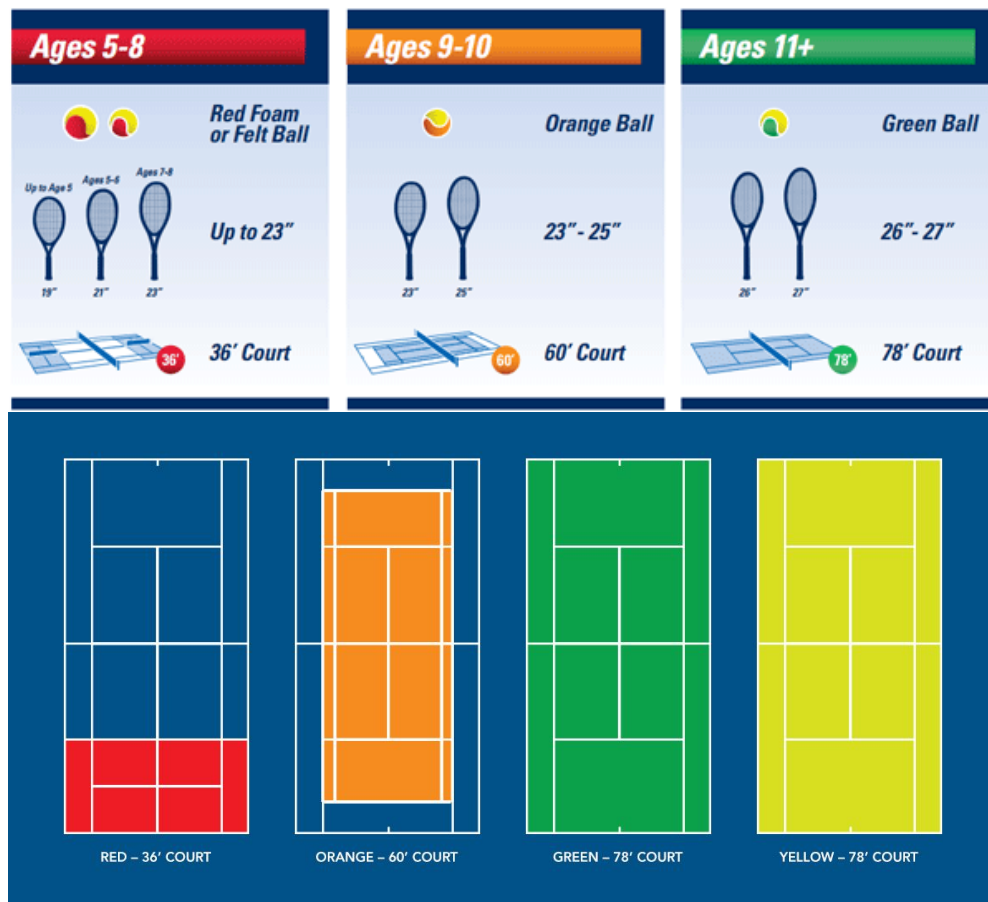
"WE SHOULD ALWAYS STRIVE TO DO THE RIGHT THING FOR KIDS, AND THE ADM DOES THAT."
- RON WILSON, TEAM USA

"IN A WORLD WHERE YOUTH SPORTS ARE UNDER SCRUTINY BECAUSE OF SPECIALIZATION, POLITICS, OR PARENTAL ISSUES, USA HOCKEY'S ADM IS THE SOLUTION."
- MEGHAN DUGGAN, TEAM USA

ADM SUPPORTERS



Red, Orange, and Green Ball Tennis



- Slower balls
- Smaller courts
- Shorter racquets
- Players using age-based balls make less errors and have longer rallies
- Balls bounces lower and slower, allowing players to implement tactics
- Players develop technique faster

Source: <http://www.tennisplayandstay.com/tennis-xpress/existing-research/green-vs-yellow-ball.aspx>

Spartan Kids Race

- **Who:** Ages 4-13
- **What:** Three different distances: ½ mile, 1 mile, and 2 mile
- **Where:** There is now a Spartan Kids Race at every U.S. event
- **Why:** Get active, be healthy, and have fun
- **How:** Sign up and show up
- **What you get:**
 - 2 Adult Spectator Passes
 - Specific 2 Mile Medal
 - Specific 1 Mile and ½ Mile Medal
 - Finisher T-shirt

Source: <https://www.spartan.com/en/race/kids-race/kids-race-overview>



Dinghy Transpac

Hawaii Kai Boat Club



DINGHY TRANSPAC 2018

HKBC Philosophy

To be successful as a Club and event you cannot copy other people's ideas you have to be creative and blaze your own trail. Come up with new ideas that are fresh and exciting!

DESCRIPTION

- *Approx. 10 mile downwind run.
- *Safety zone escort boats along the 10 mile sail. Plus (2) rib ride along inflatables.
- * Starting line located at the picturesque Muanalua Bay surrounded by Koko head and Koko creater.
- *Spectacular circumnavigation views of approaching east side of Diamond Head Creater.
- * Final leg of the regatta passes right in front of the World famous WAIKIKI Beach
- *The regatta finishes at the Ala Wai harbor home of WAIKIKI Yacht club and Hawaii Yacht club.
- * Awards ceremony and lunch buffet at the Hawaii Yacht Club.







The Kids



Dinghy Transpac

Hawaii Kai, Honolulu, Hawaii

NOTICE OF RACE

Feb 16, 2015

RULES: This event will be governed by the 2013-2016 Racing Rules of Sailing (RRS) with US SAILING prescriptions, however good seamanship and common sense are the order of the day. Protests will be heard only in the case of a collision resulting in serious injury or damage, modifying rule 60. Class rules will not apply.

ELIGIBILITY & ENTRY:

- This event is open to all boats by invitation:
- Classes:
 - Open Bic A – 13+
 - Open Bic B – 12 and under
 - ** Top 12 O'Pen Bic Baron's finishers
 - RS Feva
 - Hobie Sailing Single and Double
 - Open Class (note; we will have a start for any class boat provided there are 3 or more boats in such class)
- Entry Fee: \$30.00 / \$20.00 for Baron's Cup Participants
- Registration will be online at: www.hawaiiikaiboatclub.com

SCHEDULE OF EVENT:

Monday Feb 16

- 8:00 to 8:30 am Registration and set up boats
- 8:30 am Skippers meeting for small boats (Open Bic, RS Feva, El Toro, Topper, Laser.. at HKBC / simultaneously skippers meeting at Maunalua Bay Boat ramp for Hobbie Saling, sailing canoes, I14's, 420's
- 9:30 am warning signal – 3 min start sequence
- 12:30 pm ETA of first arrivals at Hawaii Yacht Club
- 1:30 pm Lunch and Awards at HYC after regatta
- 3:00 pm Pack boats and depart

SAILING INSTRUCTIONS: 1 race from Hawaii Kai – Maunalua Bay to Hawaii Yacht Club. Observe the revised 2011 Standing Sailing Instructions.

Open Bic sailors must participate in Baron's Cup regatta in order to qualify for Dinghy Transpac.

SI's will be available at the Skippers Meeting





Dinghy Transpac

Hawaii Kai, Honolulu, Hawaii

NOTICE OF RACE

Feb 16, 2015

COURSE:

Mark 1 to port, Mark 2 to starboard, Mar 3 (DH marker) to starboard

THE START: 1 Start. The starting line will be between inflatable pin and Race Committee Boat.

THE FINISH: invisible line between HYC aloha flag and coconut tree.

TIME LIMIT: The time limit for the race will be 3 and a half hours from the start

WIND LIMIT: Min 8 knots - Max 20 knots in order to hold the race

SCORING:

Individual scoring. Low point scoring system (1pt 1st, 2pts 2nd, etc)

PRIZES:

"Blue Ribbon" award for 1st boat to cross finish line

Award for 1st place of each class

FURTHER INFORMATION: Contact Regatta Chair Helena von Sydow 808 349-9167

Hawaii Kai Boat Club (The Shack) 377 Keahole St # C2

Email: hkbc@hawaii.rr.com

www.hawaiiikaiboatclub.com



The Boats





The Start





The Start



The Safety

DINGHY TRANSPAC 2015

Safety Plan

A total of 6 "Safety Zone" Boats. One safety boat per zone. Safety boats will be deployed prior the first dinghy class start. Safety boats will ALL follow the "last" dinghy boat to the finish.

Additionally, the smaller safety boats approximately 2-3 "Chase boats" will follow the fleet of dinghies down the entire course from the start line.

All Safety boats and escort boats must have a VHF radio and fly a large YELLOW flag on their vessel (yellow flags provided to all safety zone boats at skippers meeting). Event will use VHF ch. #71.

Safety Zone	Captain	Vessel make	Vessel HA#
Zone #1	V. Cmdr. Peter Mann	26' Glacier Bay	HA 5083 G
Zone #2	Michael Riley	20' Star Craft	HA 1648 T
Zone #3	Bill Peirport	24' Grady White	HA 1111 H
Zone #4	Kevin Auger	28' Sea Ray	HA 9425 G
Zone #5	Jeff Hobbs	22' Larson	HA 7027 H
Zone #6	Eric Tessen	26' Glacier Bay	HA 9706 H
Chase #1	P. Cmdr. Harald Von Sydow	12' Yellow inflatable	HA 7296 G
Chase #2	Javis Powers	17' Sun Bird	HA 7734 E
Auxiliary #1	P. Cmdr. Todd Carle	23' Glacier Bay	HA 9558 H

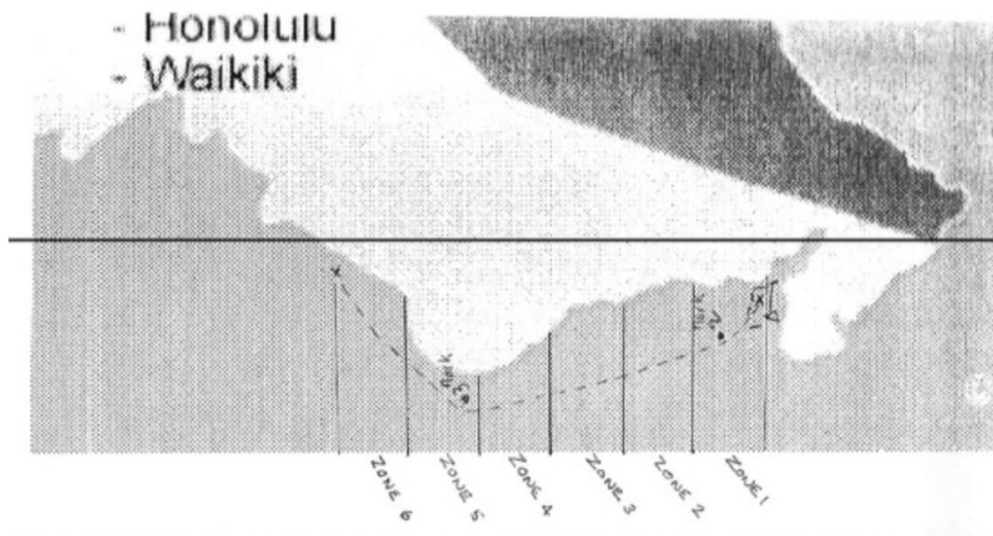
Substitution of Safety Zone Boats, Escort Boats and Captains may be subject to change.

In the event that a sailor needs assistance from one or any of the safety zones boats or escort boats. The Captain from that Safety zone boat or escort boat vessel must report the is immediately to the Race Committee boat via VHF radio Ch#71.

All Sailors must wear a USCG approved life vest during the entire regatta. All sailors must follow I.S.A.F. rules of racing.

Safety Zone Boats and Escort Boat Requirements:

1. All athletes/teams are responsible for providing the event with a boat waiver. These waivers will be available the event in order for your entry to be accepted.
2. All escort boats must be checked in before the start of the race. Any paddler whose boat has not been checked in will not be allowed to start the race. Water patrol will be on-hand to enforce this rule.
3. Escort boats must have at least one spotter in addition to the captain.



The Safety Patrol



Buoy keeps you outside impact zone

DINGHY TRANSPAC 2018

THE 4th RACE FROM HAWAII KAI BOAT CLUB TO HAWAII YACHT CLUB * HONOLULU, HAWAII



April 1, 2018

Only a fool would miss this fun event!

For more information visit:
www.hawaiikaiboatclub.com
 or
www.hawaiiyachtclub.org
 Entry Chair: Todd Carle - HawaiiKai Boat Club.com
 Poster design by Todd Carle * Photos by Helena Von Sydow and Todd Carle

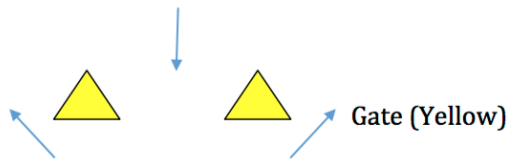
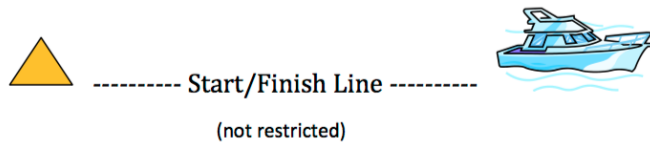
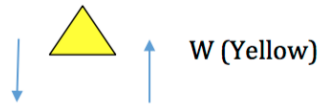
Subject to weather conditions: Max: 20 knots gusts, Min: 8 knots, small surf conditions.

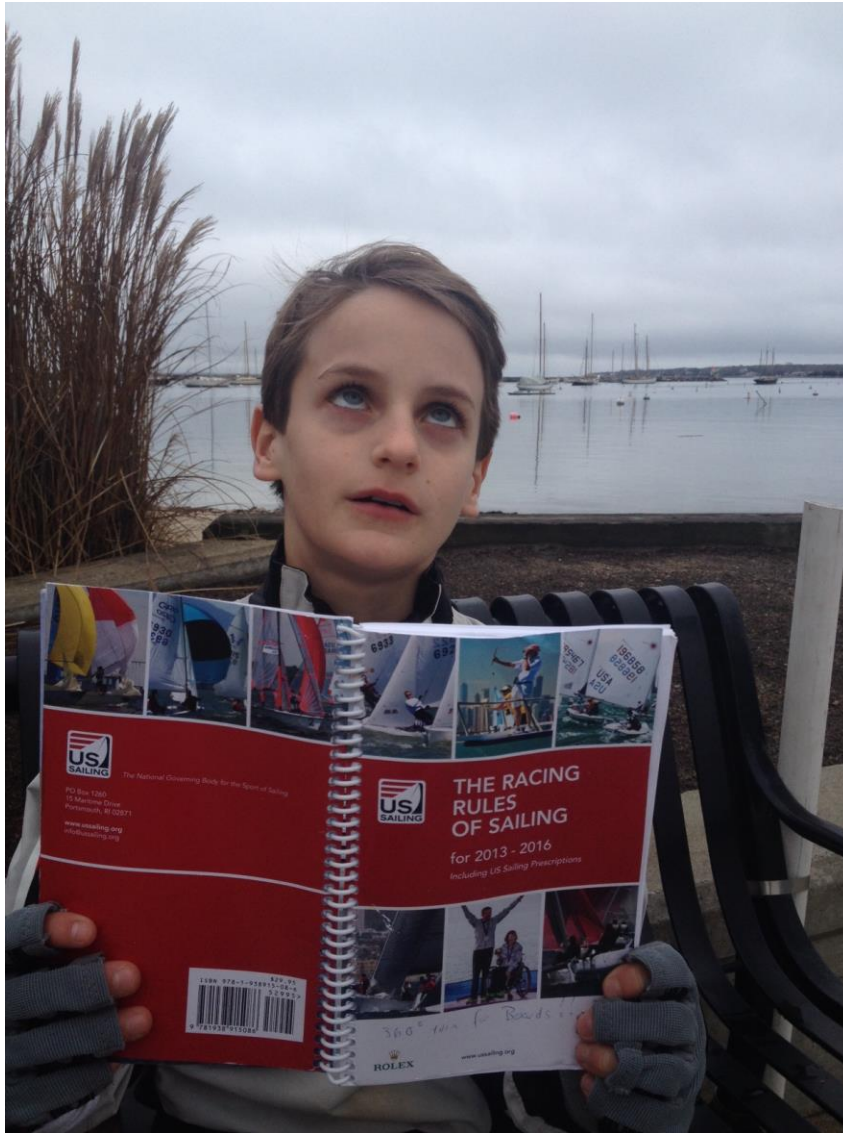


SAILING LEADERSHIP
 FORUM 2018 



Course Chart





▪

Really????

Rankings

Sail	Skipper	Yacht Club	1	2	3	4	5	6	7	8	Total	Pos
20497	Alex Gonzalez [Blue]	Stage Harbor Yacht Club	2	2	[8]	2	4	1	1	2	14	1
17105	Chloe Aust [Blue]	Beverly	1	1	7	4	3	3	[12]	1	20	2
7799	Francis Selldorff [Red]	Cotuit Mosquito Yacht Club	4	10	2	1	6	[14]	11	8	42	3
1000	Drew Kelly [Red]	Stone Horse	11	4	[23]	3	12	2	2	10	44	4
15580	Wade Etienne Aust [Blue]	Beverly	7	7	5	9	[19]	11	7	7	53	5
16328	Augustinius Vratatos [Red]	Beverly	[51]	3	1	6	1	8	4	35	58	6
7794	sam reilly [Blue]	wianno Yacht Club	5	6	3	7	[42]	13	22	16	72	7
16234	Casey Pope [Red]	New Bedford Yacht Club	3	8	13	15	[34]	29	3	13	84	8
2002	Thibault Antonietti [Blue]	Nantucket Yacht Club	8	31	16	14	[48]	4	9	4	86	9
11985	George Coyle [Red]	EYC	13	11	18	27	9	6	[28]	5	89	10
15239	Isaac Goldman [Blue]	Wild Harbor	19	15	[68]	12	8	7	14	20	95	11
02240	Tommy Styron [Blue]	vhyc	12	33	28	[37]	17	5	13	3	111	12
8480	Matthew Lopes [Blue]	Wild Harbor Yacht Club	27	19	27	16	5	19	10	[51]	123	13
19448	Milo Walshe [Red]	EYC	9	18	9	26	21	[40]	25	28	136	14
12875	Colman Schofield [Blue]	Wianno	16	9	31	29	18	17	[41]	17	137	15
12543	Stephen Pellegrino [Red]	Wianno	17	40	20	8	7	15	32	[44]	139T	16
14956	Brian Coppola [Red]	Falmouth Yacht Club	28	12	[38]	23	13	31	8	24	139T	17
11554	Benjamin O'Toole [Blue]	Hyannis YC	32	22	4	5	29	[56]	21	33	146	18
19210	James McCullough [Blue]	Hyannis Yacht Club	15	5	12	18	[45]	41	37	23	151	19
20795	Abigail Tindall [Blue]	EYC	26	23	19	31	20	[53]	29	11	159	20
14073	Julie Coffman [Red]	Hyannis Yacht Club	14	21	14	38	[55]	27	19	31	164	21
19268	Mallory Stafford [Red]	Alysa Stafford	35	16	15	28	28	24	20	[47]	166	22
2005	Scott Yenor [Blue]	Nantucket Yacht Club	23	20	22	[64]	16	33	15	41	170	23

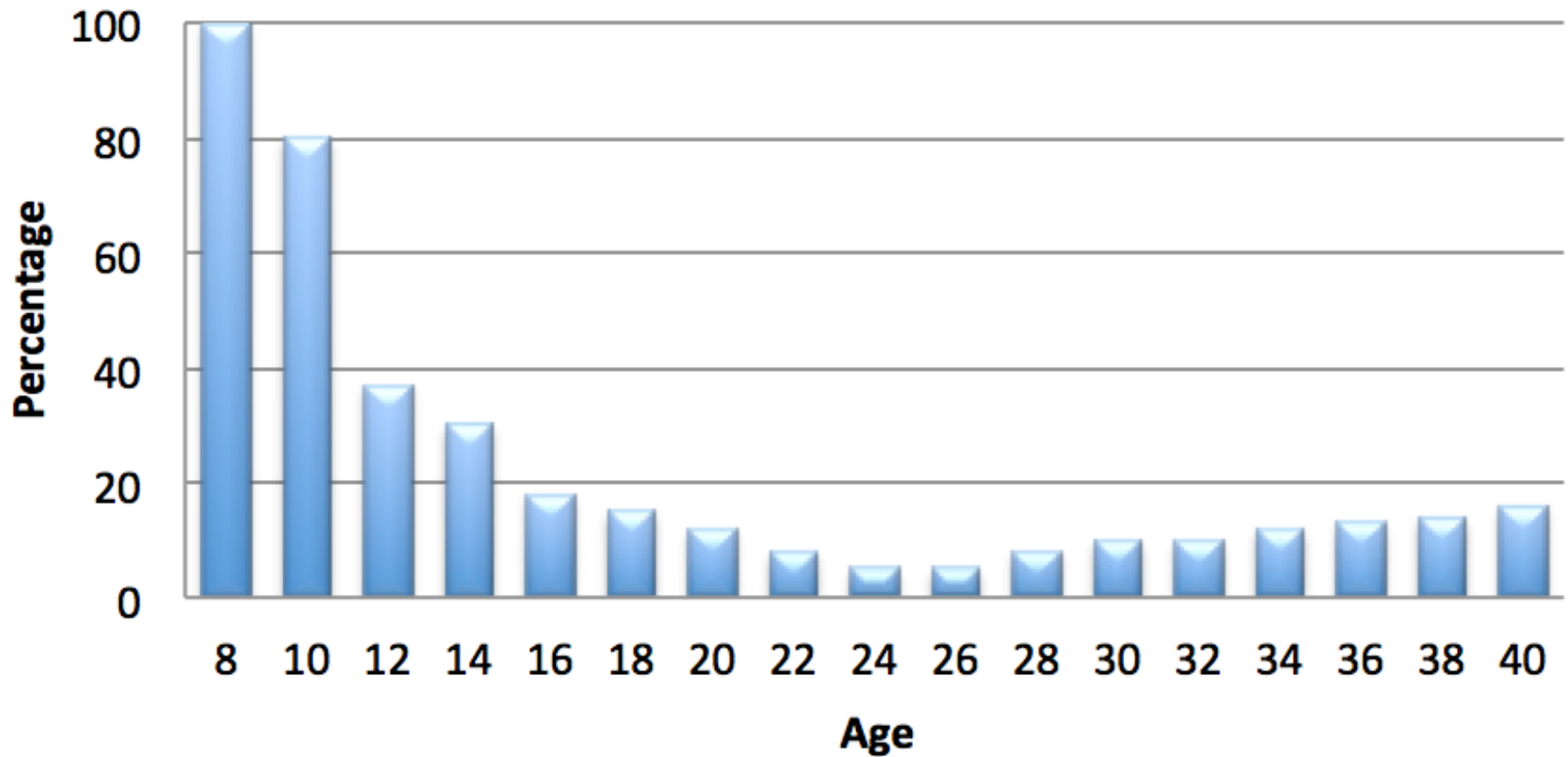
Kids already get plenty of measurement in school.

Racing is often brought upon sailors too early in their development



Race! Race! Race!

Retention of sailors by Age





Is this the best measurement?



THIS IS A NATIONAL PROBLEM – for example.....



- Why are so many of our junior sailors dropping out prior to completing Opti or entering 420?
- Why is there a growing divide between sailing being fun and racing?

Common recurring thread in ScuttleButt and all sailing forums:

“Provide (kids) that first experience that is ‘just messing about in boats’. If you make racing the only sailing activity available, then 75% of the kids will burn out. Get kids sailing for the fun of it. Once they are ‘hooked’, racing becomes an easy next step.”

- Rich Jepson, US Sailing BOD, letter to editor Jan 15, 2018

“Someone should become a sailor before we expect them to be a racer”

- Don Finkle, CEO of RCR Yachts in ScuttleButt

Modern Junior Sailing Program Era



Conventional Race Track

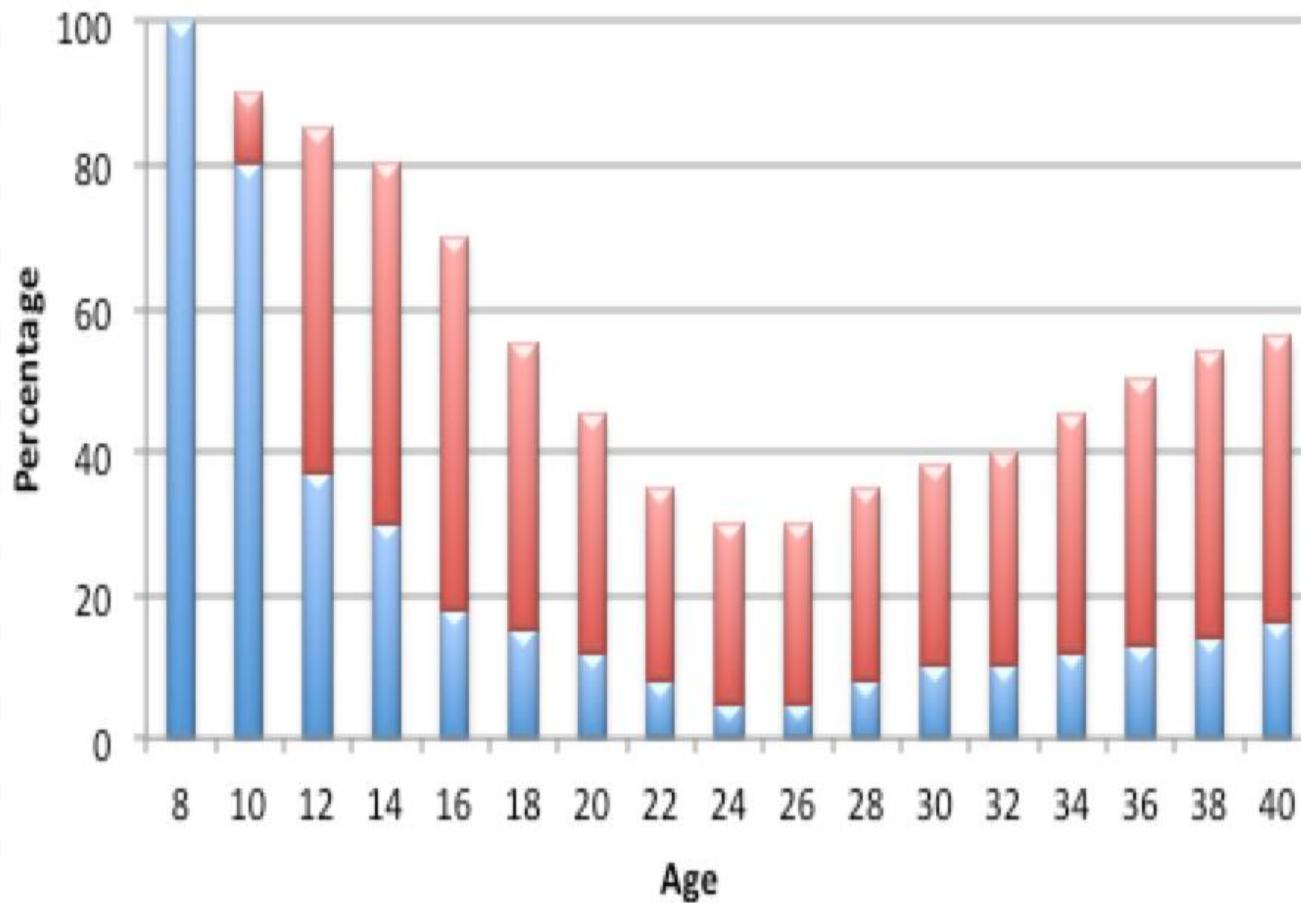


**Un-Regatta/Adventure
Sailing Track**



More Sailors!
More
Passion!

Sailing Participation with High Youth Retention





Mountain sports were smaller niche in 1970s





Why “Un-Regattas”?

To provide an alternative for those not attracted to or tired of conventional racing.

More emphasis on fun, improvement, camaraderie, and sportsmanship than race results.

Improve boat handling skills and confidence in non-threatening environment.

Fun for all sailors, regardless of level.



Components of an “Un-Regatta”

- Unconventional Courses
- Variety!!!!
- Lots of scores and lots of throw outs
- Lower emphasis on results
- Unconventional Rules
- Inclusive

Unconventional “Un-Regatta” Courses

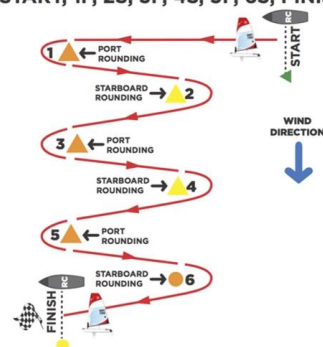


Open **BIC**

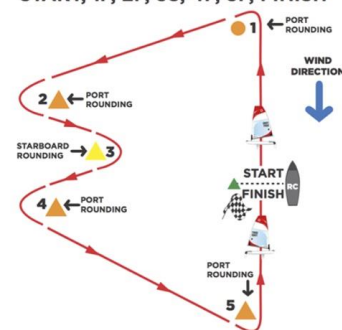
America's Cup Endeavour O'pen
Bermuda 2017
O'pen BIC Courses



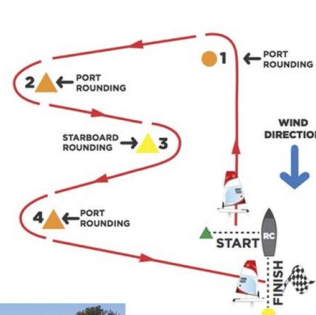
S6 (Slalom 6 bouy)
START, 1P, 2S, 3P, 4S, 5P, 6S, FINISH



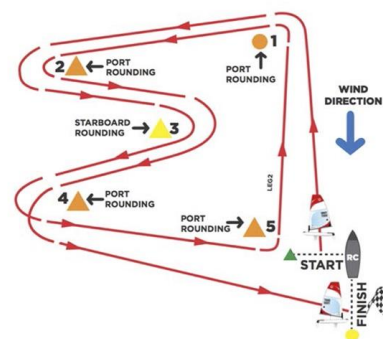
"T" (Triangle)
START, 1P, 2P, 3S, 4P, 5P, FINISH



GS1 (Giant Slalom once around)
START, 1P, 2P, 3S, 4P, FINISH



GS2 (Giant Slalom twice around)
START, 1P, 2P, 3S, 4P, 5P, 1P, 2P, 3S, 4P, FINISH



"Bridge of Doom" obstacle may be inserted into any leg by Principal Race Officer, and you will be advised!

Other courses may be run as well.

Giant Slalom Skiing

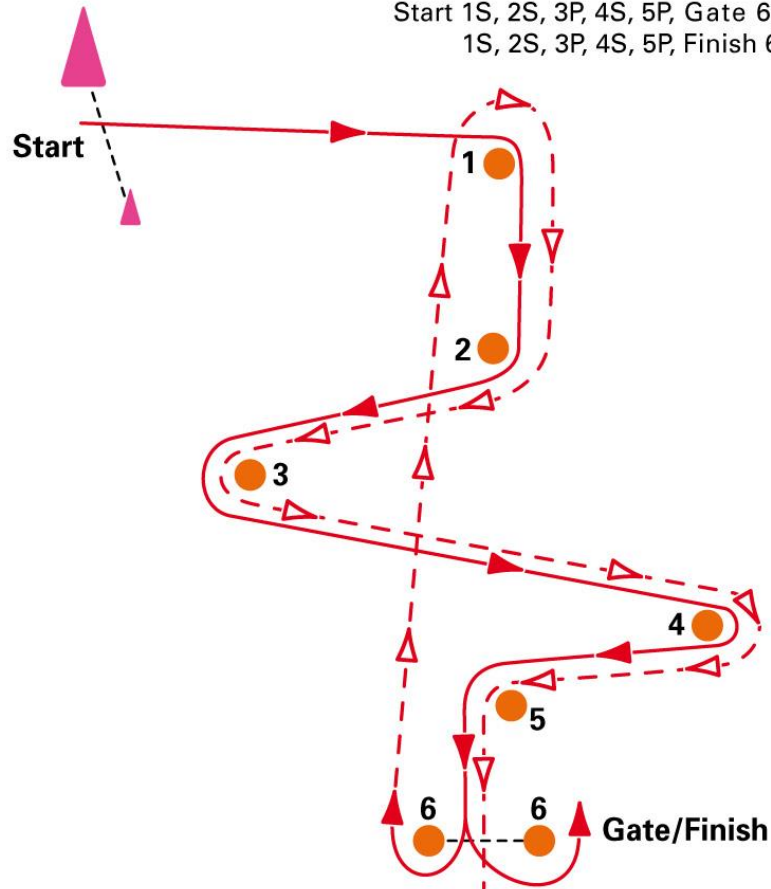




America's Cup Endeavour O'pen Course

AMERICA'S
CUP
ENDEAVOUR

Start 1S, 2S, 3P, 4S, 5P, Gate 6,
1S, 2S, 3P, 4S, 5P, Finish 6



Incorporate fun skills
360s, capsizes, wheelies, stand-up, etc.





Confidence in the water

Kids can easily self rescue and get back to sailing

Tipping over doesn't mean game over.



Capsizing is part of the fun!!!



More than just Dinghy Starts

- Reaching
- Downwind
- Capsize start
- Le Mans



Le Mans Start





“Un-Regatta” Fundamental Rules:

1 Rule Number One:

All sailors are required to participate in the spirit of fun and good sportsmanship at all times. Violators of Rule Number One may be publicly embarrassed.

2 Other Rules:

2.1 Races will be governed by O'pen BIC Un-Regatta Rules and generally accepted sailing rules with the following priority: these Sailing Instructions and subsequent Changes to Sailing Instructions, the O'Pen BIC Class Rules as modified by these Sailing Instructions, and the Notice of Race. In the event of a conflict between these Sailing Instructions, the Notice of Race, and/or O'pen BIC Class Rules, these Sailing Instructions and subsequent amendments will take priority. In true "Un-Regatta" spirit, this event is not run under standard Racing Rules of Sailing 2017-2020.

2.2 These special rules apply:

2.2(a) Expect unconventional courses and starting procedures. On different legs of the course there may be required moves signaled by loudhailer from the Referees. Depending on the conditions, these may include stand-up sailing, required capsizes (mast tip must hit the water), 360 degree turns, or other freestyle moves, or sailing thru/around obstacles. You must follow the referees' instructions.

2.2(b) When capsizes or freestyle moves are required, you must make sure you are clear of all other sailors, and don't interfere with or immediately obstruct other sailors. Capsizing or freestyling into another boat is NOT ok.

2.2(c) Competitors shall remain on or near their vessels at all times. In other words, no "boarding" other boats unless required.

2.2(d) There may be a Freestyle Expression Session that will be scored separately. Sailors will compete in three-minute heats that will be subjectively judged by the Panel of Undistinguished Judges. Be creative and have fun with it. Individual or tandem teams are scored equally. Come up with your creative team names.

2.2(e) The RC or Referees may change these sailing instructions verbally, on the water, by hail.

3.1 When all else fails, refer back to Rule Number 1.

Marks.....

3.4 Minor contact of the marks of the course is permitted. Contact that causes any damage, or the location of the mark to change or drag, is not permitted.

3.5 Hitting the Race Committee boat, start boat, finish boat, or any boat is always prohibited.

6 PROTESTS AND JURY

6.1 It is the responsibility of every competitor to sail in a manner that is fair and with due respect of their fellow competitor. Absolutely no intentional contact is permitted. The results will be decided on the water. Referees will be on the water to insure the results are a valid reflection of sailing ability.

6.2 Regardless of whether a penalty is called by the referees or not, competitors are expected to exonerate themselves of any rule infraction by completing one 360 degree turn for each infraction. One tack and one jibe in any order is required to complete a 360 degree turn. Competitors are encouraged to enforce the rules amongst themselves in a sportsman like manner by politely hailing “protest”.

6.3 Penalties may be given on the water by hail from the referees for violating any rules. These may take the form of requiring one or more 360 degree penalty turns. All determinations and decisions of the referees are final.

6.4 Hitting a mark is not grounds for protest (see SI #3.4)

6.5 There will be no formal protest hearings except in extreme circumstances determined by the referees.

Freestyle “Expression Session”



Freestyle guidelines

- Tandem or individual
- Team names
- Timing
- “Judging Area”
- Judge criteria?
- Color commentary



Tandems





Why not costumes?



STEM “Un-Regattas”









Can you Limbo?
Be Creative







WORLD PREMIER
OF

THE BRIDGE OF DOOM

What's available at your program??



- Equipment??
- What's available at your venue?







Your Opinion Matters

Please open the **Sailing Leadership Forum app** and complete the **session survey** found in the **menu bar** for a chance to win a **free drink ticket!**

Thank you for attending this session