# How to utilize US Sailing programming









WHAT resources are available,
WHY you should consider them,
and HOW to utilize them



### Your Membership...

#### **Enhances**

...your access to certified instructors who improve your skills and keep you safe

#### **Supports**

...the Racing Rules of Sailing and handicap ratings to keep the sport fair

#### Grows

...sailing through community and learn-to-sail programs





#### The MVP program is **free** for all clubs to join!

- Your members save up to 20% on their US Sailing memberships
- Your club receives credit back for each member who joins
   US Sailing

50 members = \$500 credit to use at US Sailing!

— Save your members money and earn valuable credit for your club at the same time!



#### 100% Challenge

- Encourage total team US Sailing membership
  - Colleges, High Schools, and Club Teams
  - With complete roster, teams receive personalized 100% US Sailing Socks
- Sign up your team for the 100% Challenge too!
  - Contact Robin
     (<u>robindale@ussailing.org</u>) at US Sailing
     to learn more





Training Programs are available to support a wide variety of programs and individuals









- Adventure Program for 12-16 year olds
- Morning STEM/Marine Science Class Learn to Sail
- Shoulder Season Programming
- Community Outreach Program middle school





#### Reach Tools & Resources





- Curriculum Reach Educator Guide
- STEM Educator Course
- Student Logbook & Portfolio
- Reach Events: Sailing Through STEM Night or Simple Machine Scavenger Hunt
- 2 New Environmental Modules (18 & 19)
- Reach.ussailing.org





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**Adaptive Sailing** 

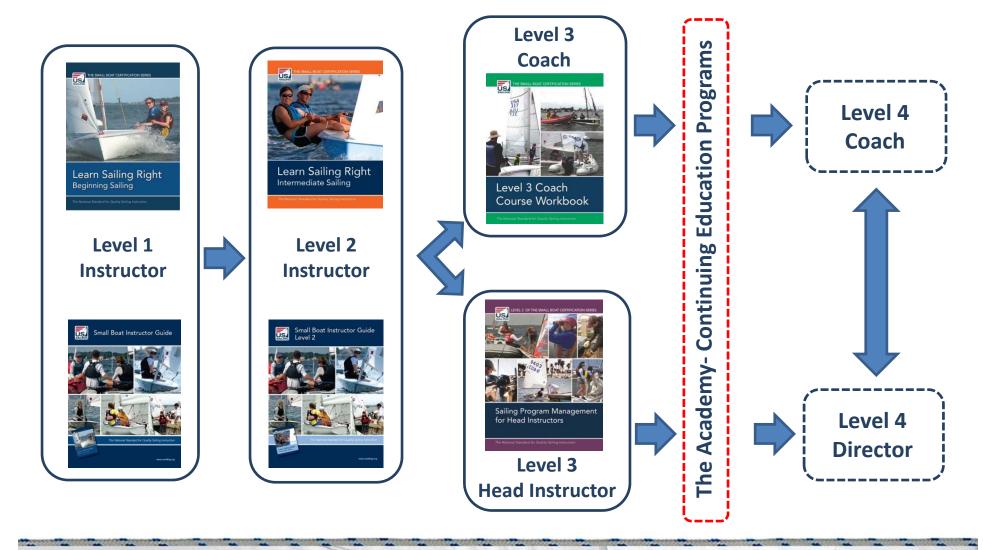






**Sailing Counselor** 

#### **Small Boat Instructor Certification**





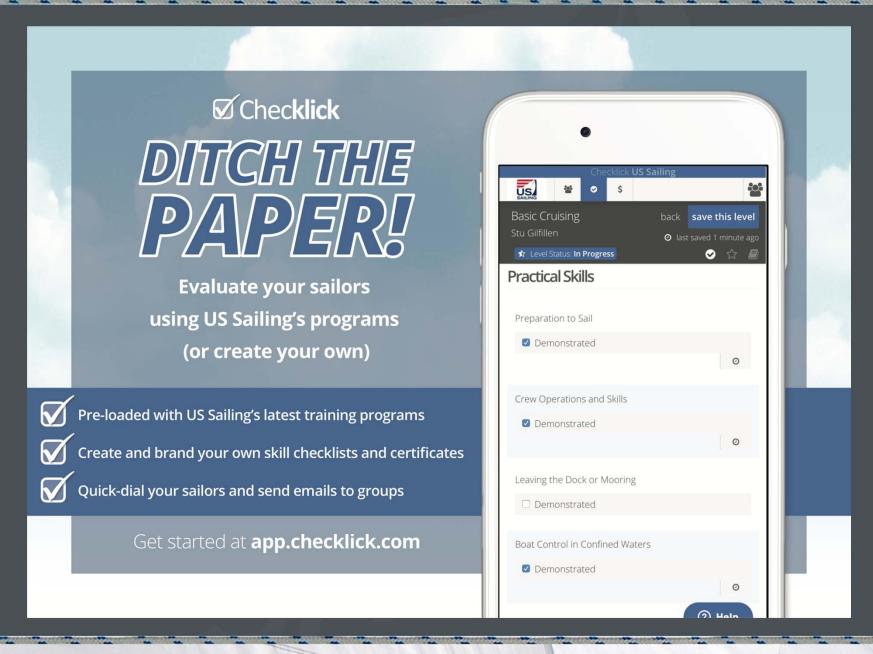


## How can you get involved?

- Host a training course at your
   Club or Organization
- Apply to be a Level 1 Instructor Trainer (IT)
- Already a Level 1 Instructor?
   Continue your training get
   Certified in Level 2 or Level 3
   Coach or Head Instructor
- Encourage (or require) your staff to seek further training.



**Small Boat** 







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**Training-Keelboat** 





A well-developed powerboat training program can serve as a much-needed revenue generator for any club or organization.





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**US Powerboating** 

## Why be a Race Officer, Judge or Umpire?

- Understanding what the Race Committee is doing makes you a better racing sailor
- sailors who understand the rules do better on the race course and in "the room"
- Every club or organization that runs races needs trained race officials – members can give back to the sport they love







#### What does Race Administration offer?

#### Training and certification for:

- Club, Regional and National Race Officer
- Club Judge, Judge and National Judge
- Regional and National Umpire
- National Classifier





Materials your club or organization can use to run in-house training for your race committee

Resources for racing sailors and race officials, such as the Sailor's Guide to the Racing Rules









## How do I organize a training seminar?



- Check the Race Officials pages on the website – "Organizing a Seminar" explains the process
- Contact your Area
   Coordinator, Area Race
   Officer, Regional
   Administrative Judge or the chair of the Umpires
   Committee
- Contact the Race Admin office
   (401) 682-2953 or
   <u>raceadmin@ussailing.org</u>



Racing to Bermuda, Mac, Hawaii or around the buoys?

The US Sailing Offshore Office helps you cross the start line.



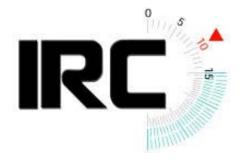
#### Rating Rule Certificates

US Sailing Offshore produces rating certificates for the following rules:





HPR
ORR, IRC, ORCi
ORCclub
PHRF





The offshore office works with race organizers to ensure every competitor has their certificate.



**Offshore** 



## Safety at Sea

- Safety at Sea seminars provide the classroom and hands-on training sailors need to sail offshore safely
- Online modules provide greater access to Safety at Sea education
- The Offshore office has seminar planning guides with all the information you need to host a Safety at Sea Seminar



Whether you are running an event for the first time or are an experienced event planner, US Sailing has the Regatta Management tools to help you succeed.



## Regatta Management

- We have the information you need to run successful regattas for varied audiences:
  - Videos
  - o Checklists
  - Databanks and more
- US Sailing will give you what you need to run a safe and successful event

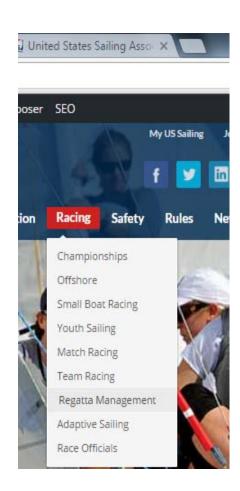




#### Questions, Questions...

- Who (and how many) should be on your committee?
- How do you find qualified Race Officials?
- Do you need a marine event permit?
- Want to run a green regatta?
- How do you write a Notice of Race or Sailing Instructions?
- What about online registration and scoring?
- Do you need waivers or medical forms?

US Sailing can help you with all of these questions and more...





#### On the water safety

- What's your safety plan?
- How many safety boats do you need?



- Safety training for your race management team?
- What equipment should they carry?
- What are you required to do if there's a possible head injury?



## Why host a Junior Olympic event?









**Junior Olympics** 

#### Host a Skill Builder Clinic

- Top-level coaches
- Build sailors' skills
- Mentor local coaches & instructors
- Provide learning opportunities for race managers & volunteers.

Improve the overall quality of youth sailors, coaches and volunteers in your area.



#### **Resource Center**

www.ussailing.org/resource-center/

Popular

Recent

Jib and Mainsail Trim: How Telltales Work

Racing Tactics & Strategy

**Sailors** 

Crew Overboard Prevention: How to Remain Aboard

Weather Forecasting: Thunderstorms and Squalls

Dos and Don'ts of Planning and Cruise

Bareboat Cruising: Weather and the Sailing Environment

Speed & Smarts: In heavy air, play the shifts

«Additional Resources for Sailors

**New Sailors** 

Top 10 Reasons to Sail a Catamaran

Start Windsurfing Right: Understanding Wind

Quick-Stop Rescue

Getting In and Out of Irons

Jib and Mainsail Trim: How Telltales Work

<< Additional Resources for New Sailors

Instruction

Speed & Smarts: In heavy air, play the sh

Dave Perry's Racing Rules: Quiz 23

Speed & Smarts: In light air, go for better pressure

Teaching Fundamentals: Stress Management

Responsibility to Your Students As a US Sailing Certified . . .

<< Additional Resources for Instruction

**Parents** 

WATCH: Atlantic Cup Kids Day

Race to Knowledge with Atlantic Cup's Education Guides

REACH and SailBot Share Passion for Sailing as Education Platform Race Management

Preparing Your Safety Boat

Dave Perry's Racing Rules: Quiz 23

Regatta Operations: A Jury Secretary

Regatta Operations: Protest Committee Organization

**Organizations** 

Creating Sailing Opportunities: Diversifying through

Around the Winch: A fast-paced discussion with sailing's

Long Range Planning for Your Sailing Organization

A TOP

**Events** 

Resources

Organizations

Instruction

New Sailors

Safety

Parents

General

Race Management

Sailors



#### **Events**

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## Where do I find program info?

Program	Webpage	
Membership	http://www.ussailing.org/membership	
Training (Small Boat, Adaptive Sailing & Community Sailing)	http://www.ussailing.org/education	
Keelboat	http://www.sailingcertification.com	
US Powerboating	http://www.uspowerboating.com	
Reach Initiative	http://reach.ussailing.org	
Race Administration	http://www.ussailing.org/race-officials	
Championships	http://www.ussailing.org/racing/	
Offshore Racing Rules	http://www.ussailing.org/racing/offshore-big-boats	
Safety at Sea	http://www.ussailing.org/education/safety-at-sea	
Events	http://www.ussailing.org/events/symposium-and-meetings	
Junior Olympics	http://www.ussailing.org/racing/youth-sailing/junior-olympics	



#### Who should I contact for more info?

Staff Member	Program	email
Lauren Cotta	Membership	membership@ussailing.org
Robin Dale	100% Participation	robindale@ussailing.org
Jessica Servis	Reach	jessicaservis@ussailing.org
Windy Key	Adaptive, Community, Sailing Counselor	windykey@ussailing.org
Cristen Schifino	Smallboat Levels 1-3	cristenschifino@ussailing.org
Karen Davidson	Keelboat Programs Manager	karendavidson@ussailing.org
Jonathan Meyers	Powerboat Training Manager	Jonathanmeyers@ussailing.org
Matt Hill	Race Administration	matthewhill@ussailing.org
Nathan Titcomb	SAS/Offshore	nathantitcomb@ussailing.org
Lee Parks	Junior Olympics	leeparks@ussailing.org
Katie Ouellette	Events	katieouellette@ussailing.org



## **Your Opinion Matters**

Please open the Sailing Leadership Forum app and complete the session survey found in the menu bar.

Thank you for attending this session

