Rochester Yacht Club
Live Drill
with
The US Coast Guard and First Responders
“Live Drill” Training

• Sailing programs and Yacht Clubs should reach out to all local responders and local Coast Guard.
• Do you know what happens when you call 911?
• This helps to bridge the gap between junior coaches and first responders so that all parties are on the same page.
• Helps to build great partnerships.
• It teaches coaches the proper protocols when it comes to an emergency.
• TRAINING!
• SAFETY!!!
Rochester Yacht Club on Lake Ontario

- RYC will be running their third Live Drill this summer.
- The first one was just RYC staff.
- 2nd Year all local clubs were invited and encouraged to reach out to their local first responders to meet and discuss what to do in case of an emergency. More and more of the local clubs are starting to do this and it's great to see the partnerships growing. Today you will meet some of the panel who participated in the Rochester training and have started working on their own drills.
- This year we are adding bright colored VESTS to help stand out to emergency vessels when calling for help.
- Each year the drill is getting bigger and more outside partners play. (again this builds relationships and focuses on safety)
Location of “Live Drill”
Participants who take part in “Live Drill”

• Local 911 agency
• Local Fire and Rescue
• Local Marine Police
• Local Ambulance Service
• Local Coast Guard
• Local Sailing Clubs

• It takes a “Village” to care for its kids!
• This shows the teamwork that goes into helping to keep everyone on the water SAFE!
June “Live Drill”

• Every year on the third week of June during the week before camp beings RYC runs the drill. It’s late enough in the spring for coaches to be finished with school and the water is starting to warm up.

• Each club/sailing school should pick a time that suits their club/program. Preferable when all coaches are working and before your programs begin. If you have a year-round program, maybe consider doing it twice a year.

• This training is a great way to promote your program to parents and new sailors and discuss safety.
Importance of this Drill

• SAFETY – We want all students and coaches to be safe on the water. (off the water as well.)

• COMMUNICATION – Opening the chain of communication between all local first responders, law enforcement and coaches/staff.

• FUN – It’s actually fun watching how everyone comes together and how well everyone works together. From coaches swimming, playing victims, to operating VHF radios, and working on CPR and First Aid techniques.
SAR Questions

• The Initial SAR check sheet is what the USCG uses for incidents. We use this during our training so that our staff members are aware of what questions will be asked. It’s important to use a clear and calm voice when transmitting over the VHF radio. It might be a good idea to work on proper VHF communication with staff prior to your drill. Suggest holding the button in for a few moments before you speak to make sure all information gets transmitted correctly.

• SAR = Search and Rescue
<table>
<thead>
<tr>
<th>Radio Call</th>
<th>Frequency</th>
<th>High Site</th>
<th>DF Bearing</th>
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<tbody>
<tr>
<td>Type of Comm:</td>
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<tr>
<td>Date</td>
<td>Time</td>
<td>UCN</td>
<td>Initials</td>
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**Initial SAR Check Sheet**

1. **Position**
   - Type of Position: [ ] Lat/Long [ ] Geographic Reference
   - How determined?

2. **Number of Persons On Board**
   - Adults: [ ]
   - Children: [ ]
   - Total: [ ]

3. **Nature of Distress**
   - (if PIR completes additional PIR box below)

4. **Description of Vessel**
   - Name: [ ]
   - Length: [ ]
   - Type: [ ]
   - Make: [ ]
   - Color: [ ]

5. **Have all persons on board the vessel put on Personal Flotation Devices? Y/N**
   - Are adequate number of PFD's available? Y / N

**ADVISE REPORTING SOURCE OF INTENDED ACTIONS AT THIS TIME**

6. **Determine Initial Severity / Emergency Phase**
   - [ ] Distress
   - [ ] Dispatch Resources / Activate SAR Alarm
   - [ ] Advise reporting source of Coast Guard's Actions
   - [ ] Issue Urgent Marine Information Broadcast (UMIB)
   - [ ] Brief Sector / District
   - [ ] Provide emergency instructions to vessel in distress
   - [ ] Complete additional check-sheets as situation dictates
   - [ ] Uncertainty
   - [ ] Alert

   Additional information is needed
   Complete one or more of the following:
   - [ ] Supplemental Check-sheet
   - [ ] Overdue Check-sheet
   - [ ] Flare Sighting Check-sheet
   - [ ] MEDEVAC/MEDECO Check-sheet
   - [ ] Grounding Check-sheet
   - [ ] Mass Rescue Operation Supplemental Check sheet

**Persons in the Water**

- Number: [ ]
- Description: [ ]
- Time: [ ]
- Confirmed?: [ ]

**Complete all of the above before shifting frequency; Complete below before hanging up phone**

**Reporting Source**

- Name: [ ]
- Vessel Name: [ ]
- Call back number (with area code): [ ]
  - cell phone
  - radio / call sign: [ ] / MMSI:
- Address: [ ]

**On Scene Weather**

- Wind: [ ]
- Seas: [ ]
- Swells: [ ]
- Visibility: [ ]
- Weather Type: [ ]
Incident Briefing Report
Initial Objectives. CG Station Rochester will meet with coaches at Rochester Yacht Club at 0830 for a prebrief. The brief will include review this 201 and enclosures and answer all questions coaches may have. Enclosure include RYC Emergency Flow Chart (Exhibit 1) and a SAR check sheet specifically for this drill (Exhibit 2). We will fill out the SAR check sheet for each drill during the prebrief and give copies to all participants. The purpose of this event is to show real time response/initial actions.

Planned Actions: Total of Five Events

1. RYC will get underway on both of their vessels and run stand alone drills with all courses on procedures for retrieving a capsized sailboat vessel and removing a person in the water.

2. Once complete with stand alone drills, RYC will call into CG Station Rochester utilizing channel 22A. This drill will be a conscious victim who is hurt and requires medical attention. The safety boat will recover the person in the water and be escorted to the pier by Monroe County and/or CG Station Rochester to CG Station for the victim to receive medical attention and transported if needed (this will be simulated).

3. Once all vessels have reset, RYC will call into a second drill to Station Rochester of an unconscious/responsive victim. For this drill, Station Rochester will call Monroe County Dispatch and have AMR ambulance respond to Station Rochester. Station Rochester and Monroe County will both arrive on scene with a sailing vessel and determine the best course of action (transport victim to emergency vessel, etc.) This will be at the convenience of the person taking into consideration of on scene weather, traffic density and what is best suited for the victim. AMR will bring the patient to the station.

4. Again all vessels will reset. RYC will call into the station of unmanned persons giving all descriptions and answering all questions on the SAR checklist. If they reset, etc., the reply vessel will be instructed to return (all) at the location the person was seen. Station Rochester will arrive on scene and determine initial actions and drill and get any additional information from the victim. Station Rochester will brief coaches and/or partners on scene on SAR search pattern procedures.

5. Station Rochester will run stand alone search pattern drills.

Communications: All radio communications will be held on 22A. The proverbs; “This is a drill, this is a drill” will precede all communications including terrestrial. Local and social media has been notified of this drill to make the public aware.

Safety: During the drill there will be a Coast Guard representative on Summerville Pier to monitor drill progress and answer any questions coast/agents may have. The person on the pier will also have handheld radio.

Other Information: All parties are aware that in an event of an actual case or emergency, all agencies AT ASM will break off and the drill will be secured.
**Current Organization**

- **CG Station Rochester (CG 25693)**
- **AMR Ambulance**
- **Monroe County Sheriffs (Safeboat)**
- **RYC Sailing Club Coaches, (Safety Boats and Sailing Vessels)**

**Organizational Chart**

- **Safety Officer**: FN Delicata
- **Liaison Officer**: BM1 Jones
- **Public Information Officer**: AUX Jim Teramoto

**Operations Section**

- **BM2 Walker**
- **FN Courney**
- **MK3 Malaguti**
- **SN Brush**

**Planning Section**

- **BM1 Jones**
- **Liam Faudree**
- **Phillip Jakubowski**

**Logistics Section**

- **Watch**: SN Magin

**Public Affairs**

- **AUX Jim Teramoto**

Mr. Teramoto will touch base with all local media to let them know of the drill to inform the public, to let media come down for photographs/videos during the drill, and to push safeboating and operation drywater.

**POC Information**

- **BM1 Jones**: [Redacted]
- **Liam, RYC**: [Redacted]
- **PJ, Monroe County Dispatch**: [Redacted]

CG Station Rochester
5500 St Paul Blvd
Rochester, NY 14617
Our Staff is trained to call UCSG on channel 16 or by phone if there is an emergency. You will see in our “Action Plan” and the steps we use while on the water. Each boat and instructor always has a copy of the action plan with them.
RYC Junior Sailing Action Plan

AED found at RYC Club House Bar

Is someone injured?

- yes

Remove from danger

- no

Is medical attention needed?

- yes

If on the water, CALL Coast Guard on channel 16 or 585-342-4149. They will call 911. All shore side injuries call 911 directly.

- no

After calling Coast Guard or 911 report incident to:

**Land**

Liam Faudree

1(585)314-9760

Junior Sailing Director

1. If needed, remove patient from instruction.

2. Correct any unsafe condition/mitigate risk.

3. Carry on with instruction
Emergency Action Plan

In a life threatening or other emergency situation, take these key steps:

1. Render assistance.
2. Make contact with other staff members and Program Director (VHF Channel 72).
3. Program Director (PD) calls 9-1-1 for help/emergency medical attention.
4. Monitor and administer 1st Aid. Await further Instruction from 1st Responders.
5. Transport injured person to nearest one of 3 locations on Sodus Bay (see chart).
6. PD or designee meets/directs emergency vehicles at shore location selected and conveys any pertinent medical history.
7. Transfer injured person to ambulance.
8. PD notifies SBUSA President or Director of Fleet, who will contact family of injured & speak w/media if needed.

Be prepared to provide 9-1-1 dispatcher:

a. Current location of injured person. (see chart & indicate approx. location, A,B,C,D,E,F,G,H, or LAKE1)
b. Age, gender and number of injured person(s)
c. Description of boats involved. (if requesting on-water assistance)
d. Where injured person will be brought ashore. ▲▲▲
e. Nature of situation and type of injury.
f. Your name and call back number.

Emergency Responder Pick-up Locations:

▲ Sodus Bay Yacht Club, Boat Hoist, South end of parking lot, Clover St. parking lot entrance.
▲ Rte. 14 Public Boat Launch Ramp, West end of Sodus Bay, NY Rte 14N at Margareta Rd.
▲ Coast Guard Station Sodus Point, Dock South side, near south end of west pier, 8364 Bay St., Sodus Point.

Sodus Bay Junior Sailing Association
7433 Clover St., Sodus Point, NY 14555, 315-483-8833

Program Director, Heidi Knapp
SBUSA President, Ed St. George
SBUSA Director of Fleet, Mike Forslund

Reference Numbers
Non-Emergency:
Sodus Point Fire Dept: 315-483-9102
Sheriff Marine Station, Sodus Point 315 483 6901
Sodus Bay Aux Coast Guard: 315-483-8816
Wayne County Sheriff, Lyons: 315-946-9711
Emergency Response Card

- Stay Calm, render initial assistance
- Call on-water lead (Jr Fleet Director)
  - [skip to 911 if seconds truly matter]
  - Confirm who calls 911 and Responders
- Call 9-1-1: [Usually by responding boat]
  - Location of injured person
  - Description of boats (if on-water help needed)
  - Shore-side transport location:
    AYC Sailing Center, 510 Severn Ave, Annapolis, Maryland, 21403
  - Type of injury/situation
  - Your name and call back number
- Call other responders [Usually by Jr Fleet Director]
  - Coast Guard Annapolis - VHF 16
  - Harbor Master - VHF 16 or
  - AYC Jr Fleet Director-
  - AYC Dockmaster - Jim Hyde
- Monitor and administer first-aid
  - First aid is in the orange box.
- Take injured to AYC Sailing Center
  - Transfer injured to Emergency Team
  - Do NOT take to hospital personally.
- Keep Jr. Fleet Director up to date

- Junior Fleet Director will keep management & others up to date

Other AYC Emergency Contacts
- Local Coast Guard: VHF 16
- Jr Fleet Director: [Redacted]
- General Manager: Brian Asch
- Regatta Manager: Linda Ambrose
- Dockmaster: Jim Hyde
- Front Desk: [Redacted]

[Map of Annapolis area with marked location]
The drill in action:
Take Home Points

• Don’t be afraid to reach out to all first responders, they really enjoy this sort of training exercise and find great benefit in participating.

• Make sure you don’t just talk about what to do in an emergency, actually practice it so everyone knows exactly what to do especially your staff.

• Invite first responders to join you during one of your regular camp days so that they are aware of and understand what normally happens.
NOW let’s head down to the water and practice
IT IS TIME FOR THE

SOCIAL MEDIA MINUTE

Please take 60-seconds and post one takeaway, picture or thought from this session on a social media platform of your choice and tag

@USSailing   @liamfaudree   #SailingLeadership
Your Opinion Matters

Please open the Sailing Leadership Forum app and complete the session survey found in the menu bar.

Thank you for attending this session