Rochester Yacht Club Live Drill with The US Coast Guard and First Responders

"Live Drill" Training

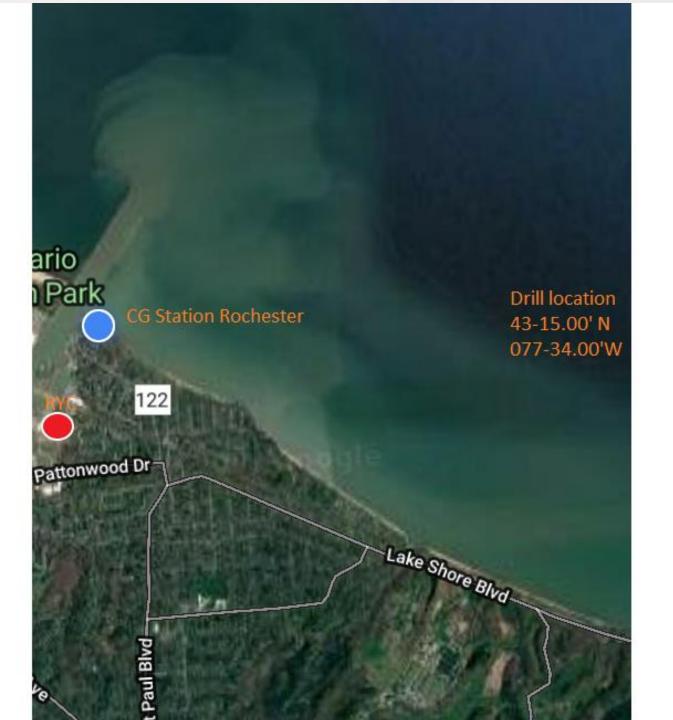
- Sailing programs and Yacht Clubs should reach out to all local responders and local Coast Guard.
- Do you know what happens when you call 911?
- This helps to bridge the gap between junior coaches and first responders so that all parties are on the same page.
- Helps to build great partnerships.
- It teaches coaches the proper protocols when it comes to an emergency.
- TRAINING!
- SAFETY!!!



Rochester Yacht Club on Lake Ontario

- RYC will be running their third Live Drill this summer.
- The first one was just RYC staff.
- 2nd Year all local clubs were invited and encouraged to reach out to their local first responders to meet and discuss what to do in case of an emergency. More and more of the local clubs are starting to do this and its great to see the partnerships growing. Today you will meet some of the panel who participated in the Rochester training and have started working on their own drills.
- This year we are adding bright colored VESTS to help stand out to emergency vessels when calling for help.
- Each year the drill is getting bigger and more outside partners play. (again this builds relationships and focuses on safety)

Location of "Live Drill"





Participants who take part in "Live Drill"

- Local 911 agency
- Local Fire and Rescue
- Local Marine Police
- Local Ambulance Service
- Local Coast Guard
- Local Sailing Clubs
- It takes a "Village" to care for its kids!
- This shows the teamwork that goes into helping to keep everyone on the water SAFE!





June "Live Drill"

- Every year on the third week of June during the week before camp beings RYC runs the drill. It's late enough in the spring for coaches to be finished with school and the water is starting to warm up.
- Each club/sailing school should pick a time that suits their club/program. Preferable when all coaches are working and before your programs begin. If you have a year-round program, maybe consider doing it twice a year.
- This training is a great way to promote your program to parents and new sailors and discuss safety.



Importance of this Drill

- SAFETY We want all students and coaches to be safe on the water. (off the water as well.)
- COMMUNICATION Opening the chain of communication between all local first responders, law enforcement and coaches/staff.
- FUN It's actually fun watching how everyone comes together and how well everyone works together. From coaches swimming, playing victims, to operating VHF radios, and working on CPR and First Aid techniques.



SAR Questions

- The Initial SAR check sheet is what the USCG uses for incidents. We use this during our training so that our staff members are aware of what questions will be asked. It's important to use a clear and calm voice when transmitting over the VHF radio. It might be a good idea to work on proper VHF communication with staff prior to your drill. Suggest holding the button in for a few moments before you speak to make sure all information gets transmitted correctly.
- SAR = Search and Rescue



Radio Call	Frequency:		High Site:			DF Bearing:
Type of Comm	15:			Original	Relay	
Time:		Date:		UCN:		Initials:
		Initial	SAR	Check Sl	ieet	
1. Position					Type of Position:	[]Lat/Long
						[] Geographic Reference
How determined?						
2. Number of	Persons On Bo	ard Adults:		Children:		Total:
3. Nature of D	istress (if PIW	omplete additional PIW box b	wlow)			
4. Description	of Vessel	Name:		Length:		Type:
		Make:		Color:		
		the vessel put on Perso			Z/N	
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Persons in the Water			
Number:	Description:	[] PFD - type/color:	
Time:		[] Exposure Suit	
Confirmed? []		[]Light	
** Complete all of the above before shifting frequency; Complete below before hanging up phone **			

Reporting Source			
Name:			
Vessel Name:			
Call back number (with area code)			
[] cell phone			
[] radio / call sign:	/ MMSI:		
Address:			

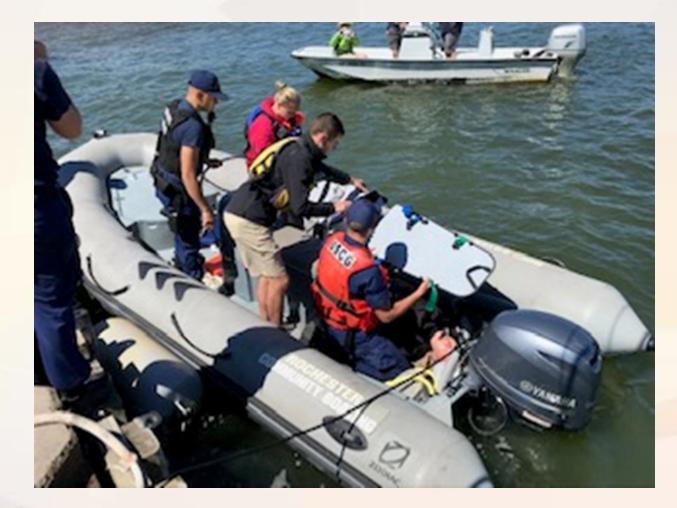
On Scene Weather				
Wind	Seas	Swells	Visibility	
Weather Type				

EN CAN



Incident Briefing Report





FORUM 2020

	2. Prepared by: (name) BM1 JONES	INCIDENT BRIEFIN
RYC SAILING DRILL	Date:19JUN18 Time: 0830-1200	ICS 201-C
5. Initial Response Objectives, Current Actions		
	hester will meet with coaches ath Rochester	
	de review this 201 and enclosures and answ	
	de RYC Emergency Flow chart (Encl 1) ar	
	l (Encl 2). We will fill out the SAR checks	
	s to all participants.The purpose of this eve	ent is to show real
time response/initial actions.		
Planned Actions: Total of Five eve	ents.	
 BYC will get underway on both 	of their vessels and run stand alone drills w	ith all
coaches on procedures for reright	ing a capsized sailing vessel and recovering a	a person
In the water.		
2. Once complete with stand alon	e drills, RYC will call into CG Station Rochest	ter utilizing
channel 22A. This drill will be a co	onscious victim who is hurt and requires med	lical
attention. The safety boat will recv	over the person in the water and will be esco	orted to the
	tion Rochester to CG Station for the victim to	
medical attention and transported		
	C will call in a second drill to Station Roches	ter of an
unconscious/unresponsive victim.	For this drill, Station Rochester will call Mor	nroe County
	resond to Station Rochester. Station Roche	
	scene with sailing vessel and determine the	
	gency vessel, put emergency people on boar	
	n, taking in consideration of on scene weath	
	or the patient. AMR will treat the patient at t	
	YC will call in drill to the station of a missing	
	I questions on the SAR checklist. If they have	
	ucted drop datum (a buoy) at the last locatio	
	arrive on scene and determine initial set and	
	e coaches. Station Rochester will brief coach	-
		ies anayor
partners on scene on CG search pa		
5. Station Rochester will run stand	o aione search pattern onus.	
Communications: All radio commu	unications will be held on 22A. The prowords	s "This is a
drill, this is a drill" will preceed all	communications including landline. Local a	nd social
media have been notified of this d	hill to make the public aware.	
Cofeen During the dail share will a	Const Grand and an anti-star of Constant all	Diasta
	a Coast Guard representative on Summerville	
	any questions media/spectators may have.	ine person on
the pier will aslo havea handheld r	radio.	
Other information: All parties are	aware that in an event of an actual case or a	emergency, all —
	the drill will be secured.	

Sall Andre

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1. Incident Name	2. Prepared by: (name)	BM1 JONES	INCIDENT BRIEFING
RYC SAILING DRILL		Time: 0830-1200	ICS 201-CG
6. Current Organization (fill in additional appropriate organ	ization)		
CG ST AM 	ATION ROCHESTER R AMBULANCE DE COUNTY SHERIF YC SAILING CLUB C TY BOATS AND SAIL FN Delicata BM1 Jones er AUX Jim Termott Logistics Sect C/911 Logistics Sect WATCH ES SN MACIN DREE	to Public AUX N Mr. Te for pho during push si	c Affairs Jim Termotto ermottos will base will all local to let them of the drill to a the public, to dia come down otographs/videos the drill, and to afeboating and
POC informtion BM1 Jones, CC Liam, RYC, DIS 555 1551 PJ, Monroe County Dispatch, S		CG Station 5500 St Pau Rochester, 1	ıl Blvd

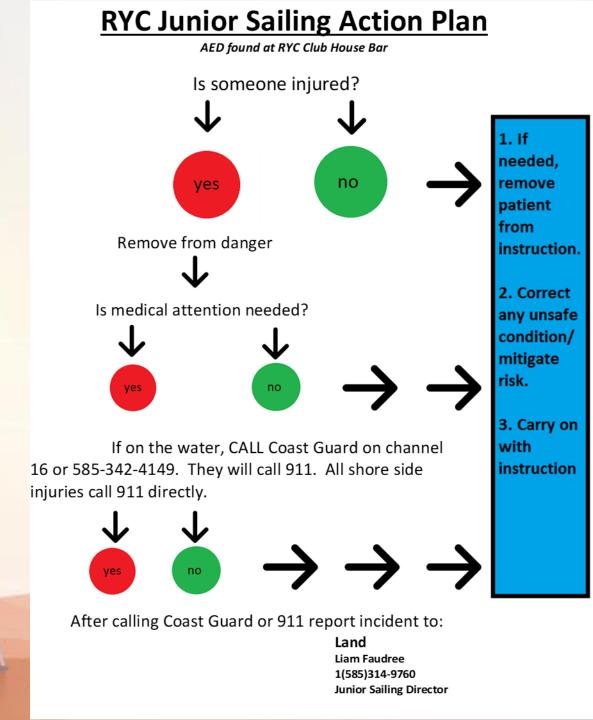
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RYC Action Plan

 Our Staff is trained to call UCSG on channel 16 or by phone if there is an emergency. You will see in our "Action Plan" and the steps we use while on the water. Each boat and instructor always has a copy of the action plan with them.







SAILING LEADERSHIP

Emergency Action Plan

In a life threatening or other emergency situation, take these key steps:

1 Render assistance

- 2. Make contact with other staff members and Program Director (VHF Channel 72;
- 3. Program Director (PD) calls 9-1-1 for help/emergency medical attention.
- 4. Monitor and administer 1st Aid. Awaite further Instruction from 1st Responders.
- 5. Transport injured person to nearest one of 3 locations on Sodus Bay (see chart).
- 6. PD or designee meets/directs emergency vehicles at shore location selected and conveys any pertinent medical history.
- 7. Transfer injured person to ambulance.
- 8. PD notifies SBJSA President or Director of Fleet, who will contact family of injured & speak w/media if needed.
- 9. Complete an SBJSA Incident Report.

Be prepared to provide 9-1-1 dispatcher:

- a. Current location of injured person. (see chart & indicate approx. location,
- A,B,C,D,E,F,G,H, or LAKE1)
- b. Age, gender and number of injured person(s)
- c. Description of boats involved. (if requesting on-water assistance)
- d. Where injured person will be brought ashore.
- e. Nature of situation and type of injury.
- f Your name and call back number

Emergency Responder Pick-up Locations:

- Sodus Bay Yacht Club, Boat Hoist, South end of parking lot, Clover St. parking lot entrance.
- Rte. 14 Public Boat Launch Ramp, West end of Sodus Bay, NY Rte 14N at Margaretta Rd.
- Coast Guard Station Sodus Point, Dock South side, near south end of west pier, 8364 Bay St., Sodus Point.

Sodus Bay Junior Sailing Association

7433 Clover St., Sodus Point, NY 14555; 315-483-8883

Program Director, Heidi Knapp: SBJSA President, Ed St. Geoge: SBJSA Director of Fleet, Mike Fole



Reference Numbers Non Emergency:

Sodus Point Fire Dept: 315-483-9102 Sheriff Marine Station, Sodus Point 315 483 6901 Sodus Bay Aux Coast Guard: 315-483-9816 Wayne County Sheriff, Lyons: 315-946-9711

IG LEADE



Emergency Response Card

- Stay Calm, render initial assistance
- Call on-water lead (Jr Fleet Director)
 - [skip to 911 if seconds truly matter]
 - o Confirm who calls 911 and Responders
- Call 9-1-1: [Usually by responding boat]
 - Location of injured person
 - Description of boats (if on-water help needed)
 - o Shore-side transport location:

AYC Sailing Center, 510 Severn Ave, Annapolis, Maryland, 21403

- Type of injury/situation
- o Your name and call back number
- Call other responders [Usually by Jr Fleet Director]
 - o Coast Guard Annapolis VHF 16
 - o Harbor Master VHF 16 or
 - AYC Jr Fleet Director-
 - AYC Dockmaster Jim Hyde

or

- Monitor and administer first-aid
 - First aid is in the orange box.
- Take injured to AYC Sailing Center
 - o Transfer injured to Emergency Team
 - Do NOT take to hospital personally.
- Keep Jr. Fleet Director up to date

 Junior Fleet Director will keep management & others up to date

Other AYC Emergency Contacts		
Local Coast Guard: VHF 16,		
Jr Fleet Director: Bri Grenier,		
General Manager: Brian Asch,		
Regatta Manager: Linda Ambrose		
Dockmaster: Jim Hyde		
Front Desk:		



The drill in action:













Take Home Points

- Don't be afraid to reach out to all first responders, they really enjoy this sort of training exercise and find great benefit in participating.
- Make sure you don't just talk about what to do in an emergency, actually practice it so everyone knows exactly what to do especially your staff.
- Invite first responders to join you during one of your regular camp days so that they are aware of and understand what normally happens.







NOW let's head down to the water and practice

IT IS TIME FOR THE SOCIAL MEDIA MINUTE

Please take 60-seconds and post one takeaway, picture or thought from this session on a social media platform of your choice and tag @USSailing @liamfaudree #SailingLeadership

Your Opinion Matters

Please open the Sailing Leadership Forum app and complete the session survey found in the menu bar.

Thank you for attending this session